

TEEN PROGRAMS

Leaders In Training (L.I.T.)

@Camp Tracy **Ages 13-15**

Challenging the interests and developing skills of older campers to foster independence and teamwork.

*Go on Day Trips, Visit Other Camps,
Participate in Expanded Activities, Trainings & Certifications*

CPR and First Aid Certification

Basic Water Safety Training

Outdoor Medical Training

Overnight Camping Trip Off Site

High Level Skills Challenges in

Archery, Boating, Ropes Course, & Swimming



Counselors In Training (C.I.T.)

@Camp Tracy **Ages 14-15**

Teens gain leadership and job experience by working with younger campers.

*Participate in mentoring, Assist campers in various age groups,
Attend camp staff training.*

CPR and First Aid Certification

Red Cross Babysitter's Training Course

Redwoods Institute Camp Training

Mandated Reporter Training

Boating Safety Training

Assist camp staff in leading

Archery, Boating, Arts and Crafts, Ropes Course,
& Swimming



Overnight Adventure Trip

@Camp Tracy **Ages 12-15**

Teens embrace adventure through unique experiences with their peers while learning in the Maine outdoors.

Monday—Wednesday

Session 1: July 5-7 , Session 2: 19-21

Session 3: August 2-4

This three-day, two-night adventure trip includes all meals, lodging, expert instruction, and experiences in:

ACA Canoeing

Map and Compass Navigation

White Water Rafting

Hiking

Inflatable Kayaking

Session Cost: \$400



**Make this a week long adventure,
Monday-Friday!**

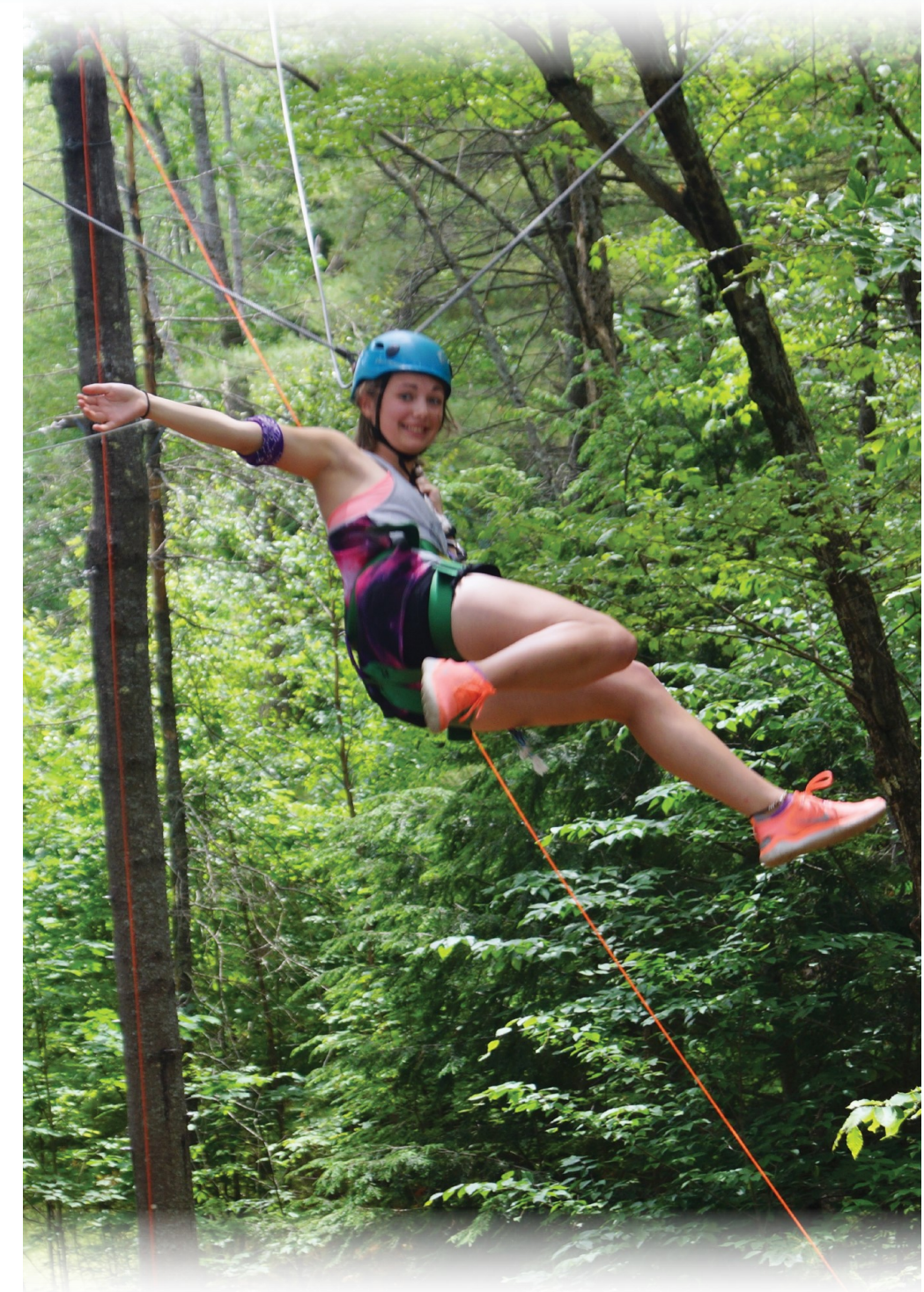
ADD ON

*Thursday to Friday at Day Camp Tracy
participating in traditional day camp activities
and all scheduled field trips.*

Session Add On Cost: \$75



CAMP TRACY



Boys & Girls Clubs and YMCA of Greater Waterville at the
Alfond Youth & Community Center

Camp Tracy

302 McGrath Pond Road
Oakland, ME 04963

207-873-0684 * acharrier@clubaycc.org

www.camptracy.org

DATES & FEES

WEEK 1	June 21-25	Wicked Big Welcome Week
WEEK 2	June 28-July 2	Around the World in 5 Days
WEEK 3	July 5-July 9	Hero Week
WEEK 4	July 12-16	Fairytale Week
WEEK 5	July 19-23	Camp Tracy Olympics
WEEK 6	July 26-30	Paradise at Camp Tracy
WEEK 7	August 2-6	Holiday Week
WEEK 8	August 9-13	Camp Tracy's Got Talent
WEEK 9	August 16-20	Endless Summer (Limited space)

\$190/week

Contact the AYCC for Scholarship Information

INCLUDES

Transportation	\$25/week To/From AYCC and Camp
Free AM/PM Care	7-8am & 4:30-5:15pm @Camp Tracy
Swim Lessons	Daily
Breakfast	7-8AM
Lunch & 2 Snacks	AM Snack, Noon Lunch, PM Snack
Parents Nights	Weeks 3, 6, 8—Skits, Songs & Awards

ARTS & CRAFTS **ARCHERY**
FIELD SPORTS **BOATING**
OUTDOOR EDUCATION
ROPES SWIM FRIENDS
DISCOVERY FUN

GROUPS BY AGE

ACTIVITIES BY ABILITY

AGE GROUPS

PATHFINDERS (5-6)

Fun discovery while safely trying new things

TRAILBLAZERS (7)

Emphasis on growth in friendships and discovery

PIONEERS (8)

Added option of one overnight

EXPLORERS (9-10)

New activity options with a focus on self-discovery

RANGERS (11-12)

Expand skills and talents and push limits

LEADERS IN TRAINING (LIT) 13-15

Focus on leadership, outings, and skill training

COUNSELOR IN TRAINING PROGRAM (CIT) 14-16

Leadership skills, camp policies & procedures, programming, and camper management skills to become an effective counselor



SKILL LEVELS

EXPECTATIONS

2 LEVELS: Safety & Environment

BEGINNER/INTERMEDIATE

3 LEVELS: Gear, Basic Skills, Intermediate Skills

INTERMEDIATE/ADVANCED

3 LEVELS: Competency, Mastery, Leading

LIT

Teamwork In Leadership

FACILITY

32-acre Campus on the shores of McGrath Pond
in Oakland, ME

Archery Range
 Amphitheater
 Basketball & Tennis Courts
 Bath House with Showers
 Challenge Course with High & Low Elements
 Covered Pavilion
 55 Foot 3 sided Climbing Tower
 Four Season Lodge with Kitchen & Dining
 Maine's Fenway—Turfed 2/3 Scale Replica
 Turfed Multi-Use Field
 2 Multi-Use Buildings
 Waterfront w/Lodge, Swimming, Boat Access

